

DECEMBER 2023



MID-VALLEY WOLVES

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------------|---------|-------------------------------|--|--------|----------|
| | 8U – Open 5:15 – 7:00 | | 8U – Open 5:15 – 7:00 | Strength & Conditioning 6:15 – 7:15 | 1 | 2 |
| 3 | 4 8U – Open 5:15 – 7:00 | 5 | 6 8U – Open 5:15 – 7:00 | 7 Team Dual & Pizza @ 5:15 – 7:00 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |