



PARTICIPANT AGREEMENT, LIABILITY RELEASE, AND ASSUMPTION OF RISK WAIVER

MID-VALLEY WRESTLING ACADEMY

645 N JESSICA BROOKE CIR SUITE F, WASILLA 99654

Participant Name _____ DOB _____

School/Team _____ Grade _____

Parent/Guardian _____

Address _____ PH _____

Emergency Contact _____

Release of Liability, Waiver of Claims, Assumption of Risks, and Indemnity Agreement

I understand that all extra-curricular activities have a certain degree of inherent risk, which includes known and unknown risks. I understand that many of these risks are essential to the activity and, therefore, cannot be eliminated. I understand that these risks include but are not limited to possible exposure to bacteria, viruses, or diseases; bodily injuries ranging from minor sprains and contusions, to major injuries including cuts, broken bones, concussions, spinal injuries, disfigurement, paralysis, illness, diseases, psychological injuries, or even death. I understand that an injury may impair the participant's future ability to earn a living, to engage in business, social, and recreational activities, and to generally enjoy life. I understand the following describes some but not all of the risks that may result in personal or psychological injury, illness, death or property damage:

- ❖ **Equipment failure**
- ❖ **Failure to properly maintain buildings, equipment and/or vehicles**
- ❖ **Inadequate coach/instructor training or supervision**
- ❖ **Failure to give adequate warnings or instructions**
- ❖ **Failure by participants to heed warnings or follow instructions**
- ❖ **Participant's exceeding their skills or physical condition**
- ❖ **The participant's own negligence and the negligence of others**
- ❖ **Dehydration, exhaustion, cramps, hypothermia, heat stroke/sunstroke, and fatigue**
- ❖ **Collisions with other participants, equipment and other objects**
- ❖ **Slipping, tripping, or falling**
- ❖ **Violence/unlawful acts perpetrated by any individual**
- ❖ **Adverse weather conditions**
- ❖ **Violence/unlawful acts perpetrated by any individual**
- ❖ **Unavailability of immediate medical care**
- ❖ **Exposure to or contraction of bacteria, viruses, and diseases, including COVID-19**

COVID-19 Affirmation and Additional Risk Disclosure

- ❖ I AFFIRM that neither I, my child(ren), nor anyone in my immediate household, including the student/participant in this activity, have been diagnosed with, demonstrated any symptoms of, or have been exposed to COVID-19, and/or any mutation or variation thereof within the past 14 days.
- ❖ I understand that participation in this activity during the COVID-19 Pandemic increases the risk of exposure to COVID-19, and/or any mutation or variation thereof. I am also aware that such exposure can occur directly or indirectly. I understand that the risk of exposure cannot be eliminated. I understand that the risk of exposure includes mandated quarantining, short- or long-term hospitalization, permanent injury, and death, as well as psychological injury. I understand that exposure may impair the participant's future ability to earn a living, to engage in business, social, and recreational activities, and to generally enjoy life. I further understand that some individuals are more susceptible to the risks of exposure to COVID-19, including people over the age of 65, people with serious underlying health conditions such as high blood pressure, chronic lung disease, diabetes, obesity, asthma, and those whose immune systems are compromised. I understand that if I or my participating children fall within one of these categories, there is greater risk.

I understand that Mid-Valley Wrestling Academy will NOT assume any liability or responsibility for injury, illness, death, damages, losses, or costs that may occur or be incurred resulting from participation in this activity.

By signing below, I acknowledge that participation in this activity is VOLUNTARY and that the participant and I are ULTIMATELY RESPONSIBLE for my/his/her own safety during participation in activities, including the use of facilities and equipment.

I understand that primary accident and medical insurance coverage is my responsibility.

In the event of an injury or illness related to participation in this activity, I give my consent for emergency treatment, hospitalization, or other medical treatment as may be deemed necessary by emergency medical personnel, hospitals, physicians and other medical providers.

IN CONSIDERATION FOR PERMISSION TO PARTICIPATE IN THIS ACTIVITY, I FOR MYSELF, THE PARTICIPANT, AND ANY HEIRS, SUCCESSORS, EXECUTORS, AND SUBROGEEES, KNOWINGLY, INTENTIONALLY, AND VOLUNTARILY WAIVE AND FOREVER RELEASE, INDEMNIFY AND HOLD HARMLESS MID-VALLEY WRESTLING ACADEMY, ITS BOARD MEMBERS, ADMINISTRATORS, TEACHERS, COACHES, AGENTS AND INSURERS, FROM ANY AND ALL CLAIMS OF LIABILITY FOR INJURY, ILLNESS, DEATH, DAMAGES, LOSSES, OR COSTS THAT MAY OCCUR OR BE INCURRED RESULTING FROM PARTICIPATION IN THIS ACTIVITY.

Having read the statements above and having understood the dangers and potential risks involved with participation, I hereby give my consent as an adult or emancipated minor participant or the parent/legal guardian of the participant, _____, to participate in the activity.

I HAVE HAD SUFFICIENT OPPORTUNITY TO READ THIS ENTIRE DOCUMENT. I HAVE READ AND UNDERSTAND IT, AND I AGREE TO BE BOUND BY ITS TERMS. By signing, I acknowledge that a court of law may determine that I have waived my right to maintain a lawsuit for any claim which I have released above.

Parent/Guardian Signature _____ Date _____