

# NOVEMBER 2024



MID-VALLEY WOLVES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	6 6:15 – 7:30 Strength & Conditioning	7 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	8	9
10	11	12 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	13 6:15 – 7:30 Strength & Conditioning	14 4:15-6:00 12U – Open 6:15-7:30 6U – 10U <b>WEIGH-INS</b>	15 <b>LANCER SMITH TOURNAMENT</b>	16 <b>LANCE SMITH TOURNAMENT</b>
17	18	19 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	20 6:15 – 7:30 Strength & Conditioning	21 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	22	23
24	25	26 4:15-6:00 12U – Open 6:15-7:30 6U – 10U	27 6:15 – 7:30 Strength & Conditioning	28 <b>PRACTICE CANCELLED THANKSGIVING</b>	29	30