

SEPTEMBER 2024



MID-VALLEY WOLVES

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|--|---|--|--------|----------|
| 1 | 2 | 3 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 4 6:15-7:30 Strength & Conditioning | 5 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 6 | 7 |
| 8 | 9 | 10 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 11 6:15-7:30 Strength & Conditioning | 12 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 13 | 14 |
| 15 | 16 | 17 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 18 6:15-7:30 Strength & Conditioning | 19 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 20 | 21 |
| 22 | 23 | 24 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 25 6:15-7:30 Strength & Conditioning | 26 4:15 – 6:00 12U - Open 6:15 – 7:30 6U – 10U | 27 | 28 |
| 29 | 30 | | | | | |
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